

Price list

HANDS

MANICURES: Nail shaping and filing, cuticle care, gentle buffing, vitamin treatment, almond oil and cream, and moisturising for healthy, well-groomed nails.

MANICURE WITH POLISH ~ R150.00

MANICURE WITH GEL OVERLAY ~ R250.00

MANICURE WITH BUILDER GEL ~ R300.00

MANICURE WITH GEL FRENCH ~ R300.00

FULL COVER TIPS & OVERLAY ~ R350.00

GEL FILL 2-3 WEEKS ~ R250.00

GEL REMOVAL WITH NEW SET ~ R30.00

REMOVAL & MAINTENANCE ~ R100.00

DELUX MANICURE: Nail shaping and filing, cuticle care, gentle buffing, vitamin treatment, nourishing hand mask, extended hand massage with almond oil and cream, and deep moisturising for soft, revitalised hands.

DELUX MANICURE WITH POLISH ~ R350.00

DELUX MANICURE WITH GEL ~ R450.00

DELUX MANICURE WITH BUILDER GEL ~ R500.00

FEET

PEDICURES: Nail shaping and filing, cuticle care, vitamin treatment, almond oil foot massage with nourishing cream, and moisturising for clean, well-groomed feet

PEDICURE WITH POLISH ~ R120.00

PEDICURE WITH GEL OVERLAY ~ R200.00

GEL FILL 2-3 WEEKS ~ R200.00

GEL REMOVAL WITH NEW SET ~ R30.00

REMOVAL & MAINTENANCE ~ R100.00

DELUX PEDICURES: Nail shaping and filing, cuticle care, vitamin treatment, almond oil foot massage with nourishing cream, and moisturising for clean, well-groomed feet

DELUX PEDICURE WITH POLISH ~ R350.00

DELUX PEDICURE WITH GEL ~ R450.00

Be the best version of yourself



LAVIDA.CO.ZA



060 779 9304



UNIT 49 - BLOCK F, CENTRAL PARK, 12 SUIKERRIET STREET NELSPRUIT



BIO SCULPTURE

HEALTHY | ETHICAL | PROFESSIONAL

BIO GEL



THE ORIGINAL NAIL GEL



OXYGENATING GEL POLISH



NATURAL NAIL CARE



NOURISHING NAIL POLISH



Price list

WAXING

Professional waxing treatments using high-quality products to ensure effective hair removal, minimal discomfort, and smooth, long-lasting results. Suitable for all skin types

FULL FACE ~ R200.00

LIP/BROW/CHIN/TOES ~ R70.00

UNDER ARMS ~ R100.00

FULL ARMS ~ R120.00

HALF ARMS ~ R150.00

FULL LEG ~ R250.00

HALF LEG ~ R200.00

BIKINI ~ R200.00

BRAZILLIAN/ TRIANGLE/ STRIP ~ R300.00

HOLLYWOOD - ALL BARE ~ R350.00

FULL BACK/ FULL CHEST ~ R350.00

HALF BACK/ HALF CHEST ~ R300.00

TUMMY STRIP ~ R50.00

MASSAGE

Relaxing massage treatments designed to relieve muscle tension, improve circulation, and promote overall relaxation and well-being.

AROMATHERAPY FULL BODY 60 MIN ~ R400.00

BACK, NECK & SHOULDER 30 MIN ~ R300.00

FOOT/ HAND MASSAGER 20 MIN ~ R100.00

A gentle massage technique designed to stimulate the lymphatic system, reduce fluid retention, improve circulation, and support the body's natural detox process.

LYMPHATIC MASSAGE STOMACH 30 MIN ~ R300.00

LYMPHATIC MASSAGE LEGS 30 MIN ~ R300.00



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Lavida

SLIMMING TREATMENTS

CONSULTATION

This comprehensive consultation includes:

1. Assessment of your needs and expectations
2. Overview of available treatments and products
3. Discussion of treatment costs and what to expect
4. Development of a tailored objective and treatment plan
5. Guidance on diet, lifestyle, and any contraindications

Please ensure that the client information form is completed prior to the consultation

CONSULTATION

45 MIN

R 250

OZONE

Experience the revitalizing power of Ozone Sauna Therapy—a cutting-edge wellness treatment that combines steam and ozone to help detoxify your body, boost circulation, and rejuvenate your skin. Relax in a personal steam chamber as ozone penetrates your pores, supporting natural healing and immune function. Feel refreshed, energized, and renewed after every session.

OZONE SUANA THERAPY

30 MIN

R 250

EMSCULPT

Emsculpt Body Contouring

A non-invasive body sculpting treatment that uses high-intensity focused electromagnetic (HIFEM) technology to build muscle and burn fat simultaneously. Ideal for abdomen, buttocks, arms, and thighs. No downtime required.

EMSCULPT

20 MIN

R 250

EMSCULPT

30 MIN

R 350



Lavida

SLIMMING TREATMENTS

VELASHAPE

VelaShape Treatment

Non-invasive body contouring treatment that combines infrared light, bi-polar radiofrequency, and vacuum technology to reduce the appearance of cellulite and contour the body. Ideal for areas like the thighs, abdomen, arms, and buttocks. Comfortable, safe, and requires no downtime

VELASHAPE	30 MIN	R 400
VELASHAPE	60 MIN	R 750

FAT FREEZE

Fat Freeze (Cryolipolysis):

A non-invasive body contouring treatment that targets and freezes stubborn fat cells, which are naturally eliminated by the body over time. Ideal for areas like the abdomen, thighs, and arms. No downtime, safe, and effective.

FAT FREEZE ONE AREA (MAX 2 CUPS)	20 MIN	R 450
FAT FREEZE TWO AREA (MAX 4 CUPS)	40 MIN	R 750

CAVITATION

Ultrasound cavitation is a non-invasive cosmetic treatment used primarily for body contouring and fat reduction. It works by using low-frequency ultrasound waves to create microscopic bubbles in the fat cells. These bubbles eventually burst, breaking down the fat cell walls. The released fat is then processed by the body's lymphatic system and naturally eliminated.

Be the best version of yourself

CAVITATION	30 MIN	R 250
CAVITATION	60 MIN	R 450



Lavida

SLIMMING TREATMENT

RADIO FREQUENCY

Radio frequency (RF) treatment for body contouring is a non-surgical procedure that uses controlled RF energy to target and heat the deeper layers of the skin and underlying fat. The heat stimulates collagen production, tightens the skin, and helps break down fat cells, which are then naturally eliminated by the body's lymphatic system.

This treatment is commonly used on areas such as the abdomen, thighs, buttocks, arms, and flanks to reduce the appearance of sagging skin, cellulite, and mild to moderate fat deposits.

It's painless, requires no downtime, and is suitable for all skin types

RF	60 MIN	R 450
RF	30 MIN	R 250

LIPOLASER PADS

Lipo laser pads are used in a procedure called laser lipolysis, a non-surgical method for fat reduction. These pads emit low-level laser energy that heats and damages fat cells, causing them to die off and be eliminated by the body.

The procedure involves attaching the pads to the targeted area.

LIPO LASER	30 MIN	R 250
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LIPOSCULP THERMOGEL WRAP

A Powerful thermo-active treatment designed to help reduce the appearance of stubborn fat, improve skin firmness and enhance body contours.

LIPOSCULPT THERMOGEL WRAP	30 MIN	R 250
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T's & C's

- Any cancellations OR rescheduling - Please be done - 24 hours before your appointment.
- Late OR Last-Minute cancellations result in you forfeiting your treatment appointment.
- Please note* All our treatments and services are non-refundable.
- If you arrive late to your appointment, treatment time will be deducted.
- Remember your towel when you come for your Ozone Session.
- Ladies, If you're on your monthly Period/ Menstrual Cycle, NO Treatments will be available.

To ensure that all clients receive a peaceful and enjoyable experience we have the following waiting area rules:

- Please no eating.
- Quite voices
- Please do not lie on the couch for this is for all clients.
- No feet on the furniture and no shoes lying around.
- Always be presentable.
- Always arrange for transportation to be available so that the wait after treatments does not exceed 30min (This is to ensure that all clients have a seat to wait for their appointments)

All payments must be made via EFT before the appointment or cash on the day of the appointment.

Thank you so much for understanding

WE ONLY ACCEPT



CASH



CARD